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ST. ANDREWS HERALD

The Monthly Newsletter of
St. Andrews Presbyterian Church

MARCH 2011

VOL. 11, Issue 3

*Applause...Memorable Music at St. Andrews
presents
The Lebanon Singing Cedar Barbershop Chorus
Friday, March 18, 2011
7:30 p.m.*

(page 10)



The Lord's Day at SAPC

8:45 Emerging Worship
11:00 Traditional Worship

The Lord's Supper celebrated

March 6 - Transfiguration
March 9 - Ash Wednesday

March 6

1 Service @ 10 am
Transfiguration of the Lord
The Lord's Supper

Job 42:7-17;
Hebrews 6:13-20; 10:19-25
Job Series conclusion: "Why?"
Rev. Gribble preaching

March 13

1st Sunday in Lent

Genesis 2:15-17, 3:1-7
Psalm 32
Matthew 4:1-11
L.E.N.T. (Lenten Elements
Now Transforming): Bread
Rev. Gribble preaching

Worship in March

March 20

2nd Sunday in Lent

Genesis 12:1-4a
Psalm 121
John 3:1-17
L.E.N.T. (Lenten Elements
Now Transforming): Birth
Rev. Gribble preaching

March 27

3rd Sunday in Lent

Exodus 17:1-7
Psalm 95
John 4:5-42
L.E.N.T. (Lenten Elements
Now Transforming): Water
Rev. Smith preaching

*Pastor Kristal's last Sunday
with St. Andrews*

March 9, 2011

**Agape Supper and Service
in Snyder Hall
6 p.m.**



Following supper we will begin our Lenten journey with a simple service (the Chancel Choir will be singing), sacrament, and the imposition of ashes / anointing with oil. If you are planning to attend, please contact the church office so adequate preparations may be made.

Phone: 272-9933 or
E-mail: sapcoffice@verizon.net

Mourning **has Broken** A Grief Support Group of St. Andrews Church

Whereas previously our moods seemed simply sad with occasional patches of light, now we may find an unsettling variety in our feelings, as happy times seem engrossing and satisfying, and then we are plunged into sadness again. Perhaps we can learn to accept these mood swings, recognizing the reality of each, knowing light gives way to darkness and darkness to light.

Martha Whitmore Hickman

When we have suffered the loss of a loved one, we experience a deep sense of emptiness and loss for sometimes a long period of time. When we begin to feel better we enter a new range of feelings, maybe even some guilt – How could I feel good when the one I loved is gone? But even when we succeed in putting that false monster aside, the mood fluctuation can be unsettling. We'll be having a genuinely wonderful time, freed at last from that continual background music of sadness. Then we remember, and it feels like dropping through a trapdoor – a much more sudden and upsetting shift than when sadness was our prevailing mood.

During the meetings of the St. Andrews Grief Support Group one of the familiar topics that frequently comes into our discussions is this feeling just mentioned in the previous paragraph. It is a sense of sadness that seems to come over us "out of the blue", during an otherwise happy time. It can be triggered by something someone says, or by seeing an old friend, or hearing a special piece of music, (or just any music for some), or being in a familiar location. Or it can be triggered by nothing at all – it just happens. (This writer calls it "my boo-hoo moments"!) And it is true that it can be very unsettling, even confusing at times. Once again, as we talk we discover that everyone in the room has had the same thing happen at one time, or often many times, during the grieving process. Then we understand that this is not a strange or unusual occurrence, but a very common part of grieving.

Being able to share these kinds of experiences and feelings is one of the helpful and wonderful facets of this Grief Support Group. We welcome anyone to come and meet with us to share experiences or simply to listen to what the others have to say. Our usual meeting time is the 2nd Thursday of each month, at 2:00 PM, in Cassel Chapel. The meeting for March will be on March 10, and for April on April 14, unless we plan something special. Please feel free to come join with us or to bring a friend who you think might benefit from our meetings.

If you have any questions, please contact Pastor Steve Gribble at the church, 272-9933; Jane Juppenlatz at 272-0218; or Pat Yates at 273-9297.

These experiences and feelings just mentioned are all part of our healing process. Just as a physical wound has its painful and pain-free moments, so does this wound of loss. At least we know we're moving in the right direction.

I will revel in the times I can be happy – which is what my loved one would want for me.

THE HERALD is published eleven times per year at St. Andrews Presbyterian Church, 600 S. 12th Street, Lebanon, PA 17042

Date	Group & Event	Some Details...
Wednesday, March 2 6:30-8:00 PM	MS & HS & Adults PYC Event Prep	30 Hr Famine Debrief and Retreat Prep
Sunday, March 6 4:30-6:00 PM	PYC Meetings & Dinner	Dinner: Overholt Helpers include J Burgis & ML Mulligan
Wednesday, March 9 6:30-8:00 PM	MS & HS & Adults PYC Event Prep	Retreat Prep
Friday, March 11 @ 6:30 PM thru Saturday, March 12 @ 4:00PM	HS Retreat Details TBA	Transportation, leaders & helpers needed.
Saturday, March 12 10:30 AM -1:30 PM	ES & MS PYC Free Noon Meal	Pick up food on Friday Adult Leaders Needed.
Sunday, March 13 12:00 – 2:00 PM	Youth Council	Devotion Leader: S Risko Lunch: Robin Gries
Sunday, March 13 4:30-6:00 PM	PYC Meetings & Dinner	Dinner: ML Mulligan Helpers include B Kohr & J Burgis
Wednesday, March 16 6:30-8:00 PM	MS & HS & Adults PYC Event Prep	Retreat Debrief and April Mystery PYC
Friday, March 18 through Sunday, April 20 <i>LF not available</i>	Additional HS Retreat Opportunity @ Krislund	Need adults to drive and to stay. Ratio: 1:10. Cost is \$40/youth and \$25/ adult
Sunday, March 20 4:30-6:00 PM	PYC Meetings & Dinner	Dinner by ES PYC
Sunday, March 20 5:45-8:45 PM	MS & HS Youth Night @ Gretna Glen	RSVP! Transportation:
Wednesday, March 23 6:30-8:00 PM	MS & HS & Adults PYC Event Prep	Good Friday Service Project Planning
Sunday, March 27 4:30-6:00 PM	PYC Meetings & Dinner	Dinner by Guttridge & Briggs. Helpers B Kohr, T Guttridge & M Gelgot
Wednesday, March 30 6:30-8:00 PM	MS & HS & Adults PYC Event Prep	Summer Service Days Planning

From Pastor Steve's Heart

The story is told of a night long ago when the stars began to fall from the sky. The villagers, surprised by the stars streaking across the sky, panicked and assumed the world was coming to an end. They ran to and fro crying, "The sky is falling, the sky is falling; the world is ending," until one of them remembered the wise ones who lived just outside the village.

Frantically, they ran to this older couple in search of an answer. "Look," they shouted, "the stars are falling into the earth. What will happen to us?" The wise ones, who had been observing the changing sky for some time, paused a few moments and asked the villagers to gaze upon the sky one more time. "Look at the sky," they whispered, "look at the stars that are falling. But, now, pause a moment and look again, look this time at all the stars that are not falling, but remain shining in the heavens."

When life changes rain down upon us like stars falling from the sky, we can focus on what is faithful and everlasting as well as what is rapidly changing and uncertain,

knowing that God embraces both change and stability...that God is in control.

Of course, I am referring to the resignation of Pastor Kristal as Associate Pastor here at St. Andrews.

We have been blessed abundantly by Kristal's gifts, her ministry, and most importantly, by her love. This church and our lives will never be the same because of what she shared with us. But now she, and her husband Dave have discerned that God is calling Kristal in a new direction and ministry - and that means change.

Change is hard! While it is one of the common denominators of life, it is one of the most challenging parts.

We can talk about it, teach and preach about its necessity, prepare for it, even be its cause, but it is still tough! Change is interpreted by 70% of people as loss followed by pain and anguish. We are a people who have been created to be in community with one another—in relationship with one another. And that relationship is being changed! The question becomes, how will we view the changes that

fall upon us? Will we only see the falling stars or can we also look up at the ones that don't.

These changes travel through a channel called transition. They begin where we are and then lead us through a process toward a totally new and different reality. There are usually milestones of change along the way that help reduce the surprise, shock and trauma as a new future is defined. These transitions are the process of change. They occupy the ground between two realities, our past and our future. Transition is the gap between our now and our next. It is the space that we must cross. And while we tend to hate it, the truth is, it is the connector. Transition is the hallway between two rooms of our life, between where we are and where we want to be or sometimes are forced to be.

While we don't want to embrace the change - to go through the transitions. - who are we to question Kristal's discernment in hearing the voice of God? If indeed God is leading her into new ministries of fulfilling, life-giving purpose, wouldn't it be selfish of us to hold Kristal back from what God has in store? No matter how much we may not want to let her go!

A thought hit me this afternoon that I will pose as a question. With St. Andrews going through

a vision discernment process, could it be that Kristal has discerned something that no one else has? That God wants to move us both (Kristal and St. Andrews) in a new direction that couldn't be possible if everything stayed the same?

Honestly though, my humanness cries out, "I don't want change...the known is comfortable and the unknown is scary". But as Kristal started out her letter to the congregation "God told Abram to 'go...to the land that I will show you' and by faith Abram and Sarai went forth without fully knowing where or why". I know I need to do a better job in trusting God and not in human-laid plans.

So as we look at the stars that are falling, let us pause a moment and look again at all the stars that are not falling, but remain shining in the heavens... learning to trust more completely in "the Keeper of the stars".



day, March 4, 2011 at 7pm. All are welcome!

Thank you to everyone who contributed to Blanket Sunday. A special thank you to Mary Lynne Mulligan and PYC for helping with our Minute for Mission. Be sure to mark your April calendars! The Presbyterian Women will be joining the residents at Kindred Place on Tuesday, April 12th, 2011. A musical program will be presented by Ellis Groff and Ken Graybill.

As Paul wrote to the Thessalonians: Grace and peace to you. We always thank God for all of you and continually mention you in our prayers. We remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.

1 Thessalonians 1-3 (NIV)

Thank You

Dear St. Andrews Family,

Thank you so much for your cards, prayers, and expressions of concern during our beloved Claire's illness and passing. We hope the grace she showed during her battle with cancer will be an inspiration to us all. It's comforting to know that we have such a loving and supportive church family.

The Lundbergs and Juppenlatzs

March Birthdays:

1	Earl Edris
3	Mardon Fedder Bob Capobianco Erin Reinhart
4	Charles Letcher Jean Reinhart Samuel Abram Ken Peterson
5	Jeanne Bennett Patrick Lutz Gwen Yordy
6	Rev. Tom Jackman
7	Caroline Gelgot Bruce Kurtz Ann Ormond
8	Max Brown
9	Beckie Dreibelbis Louise Koons
10	Perry Latshaw
11	Ty Bechtold Lynda Furman
12	Mark Tedford Amanda Gries
13	Thomas Becker A.J. Paine
14	David Overholt
15	Jayne Hoover Maggie Jones
16	Martha Gelgot
17	Connie Dowhower Donna Kuntz
22	Jacquelyn Halsell Robin Gries Juliet Albert
23	Rose Mary Birt
24	Kristen Jones
25	Will Gelgot
26	Jessica Heister
27	Lee Samuelson Margaret Thomson
28	Samantha Strock
30	Jamie Yocum
31	Fred Grun



The groundhog tells us that Spring is just around the corner! Don't let the winter snow and cold discourage your hopes, dreams and spirits. Join the Presbyterian Women with the March collections for Agape and Domestic Violence Intervention (DVI), World Day of Prayer and PW Sewing every Tuesday from 9:00am to Noon.

Throughout the month of March, SAPC will be collecting the following items for the **Agape Shelter and DVI:**

Blankets	Pillows
Lysol spray and wipes	Cleaning Supplies
Laundry detergent powder (only)	Dryer sheets
Zip lock bags	Tissues

Also in need are Children's cold products (Motrin, Tylenol and cough syrup).

Please drop off donations in the containers located outside the church office door or feel free to contact Barb Shreve at 949-2071 with any questions.

World Day of Prayer is a worldwide movement of Christian women of many traditions who come together to observe a common day of prayer each year, and who, in many countries, have a continuing relationship in prayer and service. It is a movement initiated and carried out by women in more than 170 countries and regions the first Friday in March. WDP brings together women of various races, cultures, and traditions in closer fellowship, understanding, and action throughout the year.

Through **World Day of Prayer**, women around the world

- affirm their faith in Jesus Christ
- share their hopes and fears, their joys and sorrows, their opportunities and needs.

Through **World Day of Prayer**, women are encouraged

- to become aware of the whole world and no longer live in isolation
- to be enriched by the faith experience of Christians of other countries and cultures
- to take up the burdens of other people and pray with and for them to become aware of their talents and use them in the service of society

Through World Day of Prayer, women affirm that prayer and action are inseparable and both have immeasurable influence in the world.

Please join us for World Day of Prayer in Lebanon County at St. Paul the Apostle Catholic Church, 125 S. Spruce Street, Annville on Tues-

A Note from Pastor Kristal

Some time ago, hospice physician Scott Shreve preached on the three healing things a person may say before dying: "I forgive you (please forgive me)," "thank you," and "I love you." Though I am leaving and not dying, I would like to say the same to you.

"If it is possible, so far as it depends on you, live peaceably with all" – Romans 12:18

I know there are many times I have hurt and slighted some of you as I too have been hurt or slighted. For that, I ask your forgiveness as I forgive you. This is not a trite statement, but a meaningful, heart-felt request and proclamation. The reality is that we humans bump each other's egos and disturb one another's souls, but the love of Christ invites us to forgive one another and seek reconciliation. As we practice forgiveness and learn to live with one another in our brokenness, our relationships deepen and the love of God is embodied more fully in the Body of Christ.

"I thank my God every time I remember you, constantly praying with joy in everyone of my prayers for all of you" – Philippians 1:3-4

I am immensely grateful for the saints of St. Andrews. You have given this newly-ordained pastor a hospitable place to try on the ministry for size. You welcomed me and my family and ministered to us during the time of my accident. You have shared good times with me and we've celebrated. You've shared difficult times with me and trusted me to be gentle. You have given me room to grow as a pastor and as a person. I am overwhelmed when I look through the church directory and see that I can be thankful for each one of you for something you have done for me. I leave you with a profound sense of gratitude to God.

"I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another." – John 13:34-35

Over the past 5+ years I have grown in my capacity to receive and share the love of God. Through our shared experiences, my love for each of you has grown as well. Again, I can look at each person in the directory and on Sunday mornings with deep love, compassion, humility, awe, and joy for the ways you have touched my life simply by being

who you are. My prayer for you is you would continue to grow in the love and faith of Jesus Christ as you become the person and community God created you to be. The Spirit of God is in you and among you. Praise be to our Lord!

Kristal

TRUSTEE NEWS

The trustees met on February 8 to discuss a number of items. One of the longest discussions was over the need to change access codes to the building. It is wise to occasionally change passwords to bank accounts and bank cards, e-mail accounts and areas where personal information is stored or transmitted. Likewise, the need for entering the church may change as people come and go over a period of time. The trustees have therefore voted to change the access codes (on the keypad at the east entrance) effective Sunday, April 3.

With this change, there will also be a change in the times each code will be in effect. That change will be as follows:

6:00 a.m. to 10:00 p.m.-for use by for all trustees, employees and church officers

5:00 a.m. to 12:00 noon -for morning use

12:00 noon to 9:00 p.m. -for evening use

These times will be in effect seven days per week.

Some members may need access both mornings and evenings who are not officers, employees or trustees and this schedule may seem inconvenient and cumbersome. There are, however, entities outside of the church membership who need access (such as for the Saturday morning flower deliveries) who will be and should be restricted by these same codes and hours. Please note also that any time during the week when the church office is open, one can gain entry by ringing the bell at the Poplar Street door. Knowing the access code simply allows the church secretary to work more efficiently without constant interruptions.

Until April 3 the old codes will still be in effect. The new numbers have not yet been determined. You will be notified through Sunday bulletins and the April Herald when they become available. When

a New Form of Government. In preparation for this, three Task Forces were appointed to study these items and be available to educate the rest of us. Because this is a lot of information to digest at the meeting where we will be voting, two of these groups (Amendments and Belhar) will be presenting their information ahead of time in all five of the regions of the Presbytery. The educational event for Region A will take place on Saturday, March 5 at 2:00 PM at St. Andrews Church in Lebanon. For more information, call Roz Presby at 507-4746.

12th Streeters – 2011

12th Streeter activities are open to all. We have a mixture of fun, food and service!

Saturday, January 8 – Free Noon Meal: Hearsons / Kalbs in charge

Saturday, March 12 - Hershey Classic Movie "A Tree Grows In Brooklyn"

Preceded by dinner at Fennicis (parking in the parking garage across the street is convenient.)

Hearsons in charge

Monday, April 11 – prepare dinner for Ronald McDonald House
8 folks needed for the kitchen. Others could help provide food for 60. Food must be packaged or prepared on site.

Saturday, April 30 – "Joseph" at Sight and Sound Theater - 4:30 showing

Kalbs in charge

Saturday, May 14 – Progressive Dinner

Ditzlers in charge (limit of 40)

Thursday, August 18 – Dinner and show at the Timbers

Claude and Jean Miller in charge

September - Surprise event

Thursday, December 1 – Lebanon Community Theater "Scrooge"

Preceded by dinner at Cedar Grill

Tenneys in charge



APPLAUSE... MEMORABLE MUSIC AT ST. ANDREWS

It seems like a long time since our last concert was held in early December, but the time is finally here to announce the plans for our final concert of this season. On Friday, March 18, at 7:30 PM, the **LEBANON SINGING CEDAR BARBERSHOP CHORUS** will be on hand to entertain us.

The 35 member men's chorus, directed by Dean Kahl, range in age from the 20's to the 80's, and most are from Lebanon County. The **Singing Cedar Chorus** was formed in 1948 and have been going strong ever since. The chorus is part of an international organization now called "The Barbershop Harmony Society", formerly the Society for the Preservation and Encouragement of Barber Shop Quartet Singing in America (SPEBSQSA), dedicated to four-part *a capella* close-harmony singing. This organization has over 35,000 members worldwide. The Singing Cedar Chorus is part of the Mid-Atlantic District, which includes choruses from parts of New York, Pennsylvania, New Jersey, Delaware, and Virginia. In order to continually improve, the Chorus annually participates in regional competitions with the ultimate goal to qualify for international competition.

For our concert on March 18, the Singing Cedar Chorus will present a program of traditional barbershop repertoire plus barbershop arrangements of show tunes, standards, and even some gospel tunes. Some of the titles you might recognize are "Something In The Way She Moves" by the Beatles, "If I Only Had A Brain" from the "Wizard of Oz", and an old barbershop standard, "When I'm Walking With My Sweetness". Also included in this program will be songs presented by three of the Chorus' quartets – Cross Country Connection, Fourth Dimension, and the Ring Leaders.

As always, there is no admission fee for this concert, although we will accept a Free-Will Offering. And of course, no Applause... Memorable Music At St. Andrews concert is complete without the wonderful reception following the concert prepared and served by Perry Latshaw and her crew of St. Andrews finest bakers!

We hope everyone will come out on **Friday, March 18, at 7:30 PM** to enjoy the music of the **LEBANON SINGING CEDAR BARBERSHOP CHORUS**.

Educational Event - Saturday, March 5

A special Presbytery Meeting is scheduled for March 22 to vote on various proposed amendments to the Book of Order, the proposed addition of the Belhar Confession to the Book of Confessions, and

they are known, inform the church secretary of which code you need and you will be told. Church officers and employees will be notified automatically when the numbers are known.

In other news, you will soon be noticing a new look to the church web site. The trustees approved the purchase of new web design software that is more current and more user-friendly. We also voted to purchase a new folding machine. The existing one no longer works, is also out of date and is no longer supported through available parts or labor. This purchase is subject to approval by session, but we are hopeful because our volunteers are tired of doing it by hand.

Submitted by Doug Lister

DEACON DOINGS

January always marks a new beginning, and for us Deacons, January means reorganizing. We welcomed our newest Deacons: Rosemary Birt, Dottie Bliss, Annette Chevalier, Marci Gribble, and Danielle Chevalier. We are grateful for our officers as well: Pat Yates, who is continuing as our Moderator, Nikki Overholt, our vice moderator, and Rosemary Birt, our secretary. In our continuing effort to help you know each of us, I have the pleasure of telling you a bit about Tia Parrish, who is our Homebound Coordinator.

Tia has been a member of St. Andrews for 10 years, and is in her second term as Deacon. Tia was raised in Brazil, SA, until she was 18 years old. She currently lives at Cornwall Manor where, literally, her apartment door is always open to visitors. Tia has 4 children: a son in Tampa FL, a son in Phoenixville PA, and a son and a daughter in East Petersburg PA. She also has 6 grandsons, one granddaughter, and three great-grandchildren. Tia likes to say she specializes in handsome men! Tia's motto is, "Use what you've got," because you can't buy happiness.

As Deacons to our St. Andrews family, we strive to stay connected to all of you. We will do our absolute best to "be there" for you 24/7 so we can share your joys, worries and your sorrows, and offer prayers, help, comfort, hugs and a good ear for listening. We pray for God's help in our commitment to make St. Andrews a place where you can say, "I'm home."

Submitted by Sue Mechura

